

Afternoon Snack: Talk Your Boss Into Signing Your Office Up for This Cool Service

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How cool is your boss? I know, economic times are tough, so the days of morning bagels, free coffee, and in-office massage (yes, I had a boss who covered this once!) are probably over. But, in the name of good health and productivity, maybe you can talk her into picking up the tab on this service...

I've recently become a fan of **The FruitGuys**, a fruit (and vegetable) delivery service that is becoming more and more popular with office workers--they ship boxes of high-quality, perfectly ripe fruit to thousands of small and large business (and homes, too) across the country. According to their Web site, "the company was founded on the premise that bringing healthy brain food to the office can boost productivity, improve wellness and help companies improve their bottom lines."

So, take that line to your boss and see if you can get her to spring for a box (as low as \$24 a box) of fruit each week. I recently enjoyed a FruitGuys box, which included the most delicious pears, kiwis, oranges and bananas. It kept my mind off the box of peppermint bark on the counter, too. More yummy fruit ideas from Vitamin G: "crispy" fruit, and glammed-up bananas.

Is this something you think your boss would pay for? Would it help you eat healthier? And, speaking of bosses, do you have a cool one? Anyone still getting in-office massages?

Photo: iStock, The FruitGuys

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